



**LILAVATI**  
CLINIC AND WELLNESS

*Life wins when care begins*

An Initiative of Lilavati Foundation

## **PREVENTIVE HEALTH CHECK PLANS FOR ENTIRE FAMILY**

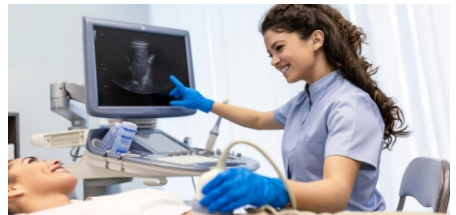
[www.lilavaticlinic.com](http://www.lilavaticlinic.com)

# ABOUT LILAVATI CLINIC & WELLNESS

The state-of-the-art Lilavati clinic and wellness center is envisioned by the promoters of the Lilavati Hospital, Mumbai led by the Mehta family as a part of creating a world-class health ecosystem in Gujarat. It is a step towards offering cutting-edge, premium healthcare services to the state of Gujarat at their doorstep. It will act as a satellite extension to the upcoming Lilavati GIFT City Hospital by 2025 in Gujarat.



**OPD Rooms**



**Diagnostics**



**Pharmacy**



**Physiotherapy**

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# PROGRAM 1 - BASIC WELLNESS

It is difficult to keep track of health and hence one needs to undergo preventive checks at frequent intervals. Our BASIC WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Test, Thyroid Screening, Cardiac Checks, Diabetic Profile, Liver Function Test & Consultation.

## LAB TESTS

Preliminary Tests	Complete Blood Count
	Urine Routine / Microscopy
Cardiac Checks	Lipid Profile
Kidney Function Test	S. Creatinine
Thyroid Screening	TSH
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
Liver Function Test	SGPT
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 1500/-**

## PROGRAM 2 - ADVANCE WELLNESS

The ADVANCE WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Tests, Thyroid Screening, Diabetic Profile, Cardiac Checks, Liver Function Test and Special Tests & Consultation.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Urine R/M
Cardiac Checks	Lipid Profile
Kidney Function Tests	S. Creatinine
	Urea
	Uric Acid
	Serum Electrolytes
Thyroid Screening	TSH
	T3
	T4
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
Liver Function Test	SGPT
Special Tests	Serum Calcium
	Vitamin B12
	Vitamin D3
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 4000/-**

## PROGRAM 3 - EXECUTIVE WELLNESS

The EXECUTIVE WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Tests, Thyroid Screening, Diabetic Profile, Cardiac Checks, Liver Function Tests , Special Tests & Consultation.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Urine Routine/ Microscopy
Cardiac Checks	Lipid Profile
Kidney Function Tests	S. Creatinine
	Urea
	Uric Acid
	Serum Electrolytes
Thyroid Screening	TSH
	T3
	T4
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
Liver Function Tests	SGPT
	SGOT
	Total Protein
	Serum Bilirubin
	Prothrombin Time
	Alkaline Phosphatase
Special Tests	Serum Calcium
	Vitamin B12
	Vitamin D3
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 5000/-**

## PROGRAM 4 - WOMEN WELLNESS

The WOMEN WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Tests, Thyroid Screening, Diabetic Profile, Cardiac Checks, Liver Function Tests, Radiology Imaging, Special Tests & Consultation.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Erythrocyte Sedimentation Rate
	Urine Routine / Microscopy
Cardiac Checks	Lipid Profile
	Echocardiogram
Kidney Function Tests	S. Creatinine
	Urea
	Uric Acid
	Serum Electrolytes
Thyroid Screening	TSH
	T3
	T4
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
Liver Function Tests	SGPT
	SGOT
	Total Protein
	Serum Bilirubin
	Prothrombin Time
	Alkaline Phosphatase
Special Tests	Serum Calcium
	Vitamin B12
	Vitamin D3
	CA 125 (Female)
	PAP Smear
	Serum Ferritin
	RA Factor - Quantitative
Radiology Imaging	Chest X-Ray
	Ultrasound of abdomen
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 9000/-**

## PROGRAM 5 - MEN WELLNESS

The MEN WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Test, Thyroid Screening, Diabetic Profile, Cardiac Checks, Liver Function Tests, Radiology Imaging, Special Tests & Consultation.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Urine Routine / Microscopy
Cardiac Checks	Lipid Profile
	Echocardiogram
Kidney Function Test	S. Creatinine
Thyroid Screening	TSH
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
Liver Function Tests	SGPT
	Serum GGT
Special Tests	Vitamin B12
	Vitamin D3
	Prostate-Specific Antigen (PSA) for Men
	Uro-flowmetry
Radiology Imaging	Chest X-Ray
	Ultrasound of abdomen + PVR
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 7000/-**



## PROGRAM 6 - HOLISTIC WELLNESS

The HOLISTIC WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Tests, Infection screening, Thyroid Screening, Diabetic Profile, Cardiac Checks, Liver Function Tests, Cardiac Profile, Radiology Imaging, Special Tests & Consultation.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Erythrocyte Sedimentation Rate
	Urine Routine/Microscopy
Cardiac Checks	Lipid Profile
	Echocardiogram
Kidney Function Tests	S. Creatinine
	Urea
	Uric Acid
	Serum Electrolytes
Thyroid Screening	TSH
	T3
	T4
Infection Screening	HIV
	HBsAg
	VDRL
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
Liver Function Tests	SGPT
	SGOT
	Total Protein
	Serum Bilirubin
	Alkaline Phosphatase
	Serum GGT
Coagulation Profile	PT
	APTT
Special Tests	Serum Calcium
	Serum Phosphorus
	Vitamin B12
	Vitamin D3
	CA 125 (Female) / PSA (Male)
Radiology Imaging	Chest X-Ray
	Ultrasound of abdomen + Prostrate
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 11000/-**

## PROGRAM 7 - CARDIAC WELLNESS

The CARDIAC WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Test, Diabetic Profile, Liver Function Test, Cardiac Checks, Radiology Imaging and Consultation.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Erythrocyte Sedimentation Rate
	Urine Routine / Microscopy
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
Kidney Function Test	S.Creatinine
Liver Function Test	SGPT
Cardiac Checks	Lipid Profile
	Echocardiogram
	Echocardiography Screening Or Treadmill Test
Radiology Imaging	Chest X-Ray
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 5999/-**

## PROGRAM 8 - DIABETES WELLNESS

The DIABETES WELLNESS PROGRAM consists of Preliminary Tests, Kidney Function Test, Diabetic Profile, Cardiac Checks, Liver Function Test & Consultation.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Urine Routine / Microscopy
Cardiac Checks	Lipid Profile
Kidney Function Test	S.Creatinine
Diabetic Profile	Fasting Blood Sugar / Random Blood Sugar
	HbA1c (3 month sugar level, glycosylated hemoglobin)
	Post Prandial Blood Sugar
	Urine Microalbumin
Liver Function Test	SGPT
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 1999/-**

## PROGRAM 9 - ARTHRITIS WELLNESS

The ARTHRITIS WELLNESS PROGRAM consists of Preliminary Tests & Special Tests & Consultation. .

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Erythrocyte Sedimentation Rate
	C- Reactive Protein
Special Tests	Uric Acid
	RA factor - Quantitative
	Anti CCP Antibody
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (TnC Apply)

**RS. 1800/-**

## PROGRAM 10 - MONSOON WELLNESS

The cost effective MONSOON WELLNESS PROGRAM consists of Preliminary Tests.

### LAB TESTS

Preliminary Tests	Complete Blood Count
	Malaria Antigen Test
	Dengue NS1 Antigen (Rapid)
	Urine R/M
Consultation	General Physician / Specialist Referral*

Prices are subject to change. (T&C Apply)

**RS. 1200/-**

# HEALTH CHECK UP INSTRUCTIONS

## Appointment & Reporting Time:

- Health checks are done through prior appointment. Please report at the appointed time given to you at the reception desk.
- We request you to kindly observe the appointment timings to facilitate the smooth flow of your Health Check. Guests reporting more than an hour late than his/her scheduled appointment will be accommodated accordingly.
- Kindly inform us in case of cancellations or postponements atleast 24hrs in advance.

## Fasting & Medication:

- You are advised to observe minimum 10 hrs to maximum 12 hrs of fasting and do not consume alcohol or caffeinated drinks on previous night. Hence it is recommended that you do not eat or drink anything after dinner previous night. You can only take few sips of water in the morning of the Health Check with your antihypertensive or any other essential drugs except anti-diabetic and anti thyroid medication, which should be taken before/with breakfast as per your regular schedule.
- Inhalers & Oral Bronchodilators for Asthma or Bronchitis should preferably be avoided on the day of the Check up for better Lung Function Test results.

## What to bring?

- Please bring your morning stool and urine samples in sterile containers along with you on the date of the Health Check. You can collect the sterile container from the Health Check Department in advance as per your convenience.
- In case you are under certain medication and/or are suffering from previous disease, you are advised to bring the previous Medical Records.

In case we are unable to carry out any test/s or consultation because of unforeseen reason/s: the same test/s will be carried out on some other working day as per your convenience but within 10 days of the date of Health Check or proportionate amount will be refunded from the package to the original payment method.

**Note:** Paid specialist referrals for any report clarification.



## CONTACT US



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